

Specialist Remote Learning: Term 3 Week 2

Physical Education

BALANCED LANDINGS

JUNIORS:

1. Make the motorbike position with your body. Copy the picture. Hold the position for 30 seconds.
2. Do small jumps in the air and land in the motorbike position with no wobbles! Complete 20 in a row.
3. Try landing in motorbike position as quietly as you can. How quiet can you be?
4. Stand on a small sturdy box, step or chair to add height– check with your grown up first! Jump off the box or step and land in motorbike position without any wobbles. Hold for three seconds.
5. Skip around the room or your backyard then stop and land in motorbike position. Change the way you move this time – you can try hopping, jumping, side-stepping, galloping.



Motorbike Position

SENIORS:

1. Complete activities as listed above.
2. Complete some higher vertical jumps (see pic below). How many can you do before you feel tired? How high can you jump but still land in motorbike position without any wobbles?
3. PARENT PERMISSION REQUIRED: Get a higher box/step/chair and jump off landing in the motor bike position without any wobbles x 10.
4. Do a jump up high and then a half turn (180) to land in motorbike position facing the opposite direction. Any wobbles? Try it the other way, too.

VERTICAL JUMP

1. Eyes look forward then UP when jumping.
2. Crouch with knees bent and arms behind ready to jump.
3. Upward thrust like a rocket ship taking off with straight legs.
4. Land in **MOTORBIKE POSITION**.



Visual Art

Grade PREP: We have read 'The Very Hungry Caterpillar' at school and are in the process of making collage butterflies from paper that we painted in term 2. Watch the animated mini movie of 'The Very Hungry Caterpillar' here: <https://www.youtube.com/watch?v=75NQG-Sm1YY> or listen to 'The Very Hungry Caterpillar' here:

<https://www.youtube.com/watch?v=btFctMhF3il> or read your own copy if you have one at home.

Activity: On a piece of plain paper draw the butterfly that the caterpillar turns into at the end of the story. Make it nearly as big as the page. Try and decorate your butterfly like the one from the story. Colour it in.

Grade 1: We have been making 3-dimensional birds out of paper at school.

Activity: To build on these skills try making another animal using some of the folding and joining skills we have been practising at school. Have a look at some of the ideas in the link below and try making one of these animals or use these own.

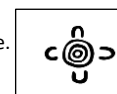
https://www.google.com/url?sa=i&url=https%3A%2F%2Fwww.momjunction.com%2Farticles%2Fpaper-animal-crafts-for-kids_00388104%2F&psig=AOvVaw24UhDs55Wo--dTamZxgi8M&ust=1626489301369000&source=images&cd=vfe&ved=0CAwQihxqFwoTCMI51PrG5vECFQAAAdAAAAABA

Grade 2: We have been learning about Margaret Preston and have begun planning our own Margaret Preston style print blocks.

Activity: Have a look at more Margaret Preston Woodblock Flower images and practise drawing her flowers. Draw a second vase of flowers to compare to the one you did at school. your print block plan?

Grade 3 AND 4:

Our next topic at school is ABORIGINAL ART. Research some Aboriginal symbols. If you don't have internet, develop some of your own. Draw them onto a piece of paper and label what they mean. For example: This is a camp site.



Now use these symbols to create a

Grade 5:

Research the Australian artist, JOHN BRACK. Who was he? Why is his artwork important? Can you find his painting called: "The Car" in a Google search? Write 3 or 4 sentences to describe "The Car" painting? Who is in the painting? Describe who they might be? What do the people in the painting represent? Where might they be going? Describe how they appear to you. Now, try to draw or paint a picture of you and your family travelling in your car. Try to show emotions on the people you draw. Colour your picture.

Grade 6: Draft some design ideas you would like to use on your SURFBOARDS that I have for you at school.

You can draw more than one idea. See if you can find some ideas online as inspiration. You Can also use artists who inspire you to get you started. Remember to adapt their artwork. Try not to copy directly. Of course, you can use your own designs and ideas too!!

As always, ALL classes please bring your art work to school.



See the next page for your Mandarin and Music program.

Mandarin

My Family



Click the link to review the family words in Mandarin.

<https://youtu.be/RWk6K3sLRWs>

During remote learning this week, we are reviewing names of family members in Mandarin.

At the end of this mini lesson, you would be able to express the people you have in the family.



JUNIOR

Rap, Sing, Play: https://youtu.be/LqqUbOivD_I

Reading together – I love my family: <https://youtu.be/T8ifz5QWOOk>

Draw a picture of your family and say who they are in Mandarin to your parents - for example: “bà ba” for dad.

SENIOR

Live worksheet: <https://www.liveworksheets.com/xq1654883zs>

Drag and place the correct Mandarin words under each picture.

Draw a family tree of yours and label each family members in Mandarin.



If you are interested, you can listen to this story in Mandarin.
(Both Mandarin and English subtitles are available)

Wǒ jiā shì dòng wù yuán (My home is like a zoo)

<https://youtu.be/ql-kG1rFpJM>

Music

Hi there! I have done things a little differently this time. As this is the beginning of the term, I would like to introduce what you will be learning this term.

Foundation, Grade 1, and Grade 6 will be learning the glockenspiel this term. Please click on the link below for an introduction.

<https://www.youtube.com/watch?v=mxvkjsvgTUo>

Grades 3 and 5 will be learning the African Drums Please click on the link below for an introduction.

<https://vimeo.com/458795378>

Grade 2 will be learning the ukulele. Please click on the link below for an introduction <https://www.youtube.com/watch?v=7Qh2JQwkhjk>

Grade 4 will be learning Soundtrap Please click on the link below for an introduction. <https://vimeo.com/196264186>

*Grade 4s; I have set up your log ins for Soundtrap and if you would like to get started, send me a message on teams and I will give you your log in details.

Read A Book Time:

<https://www.youtube.com/watch?v=UYbKOUzfMHY>

It is a Wonderful World!

<https://www.youtube.com/watch?v=CWzrABouyeE>

A vintage performance by Satchmo from 1967.



SPECIALIST WEBEX SESSIONS:

During your Specialist Webex Sessions you will have the chance to complete these activities and then do more!
You can ask any questions and maybe even demonstrate some of your work. We look forward to seeing you then. 😊